

# Preschool

We love parents but...In order to assist us in offering a quality program for your preschooler, we ask that you do not remain at the class unless it is otherwise stated in the description. Experience has shown that preschoolers are easily distracted due to their short attention spans. Thank you for your cooperation. Registration deadline, unless otherwise noted, is two weeks prior to the first class.

## Arts/Dance/Enrichment

### Abakadoodle Twoosy Doodlers

A special art class just for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing, sticking, printing and creating while developing fine motor, language and self-help skills. Each session has new activities. \$35 non-refundable material fee due to instructor at first class.

Age: 20-36 mo

26245 Sa 9/27-11/1 10-10:40 AM \$48/\$58

26246 Sa 9/27-11/1 11-11:40 AM \$48/\$58

King Farm Com. Rm./Holland-Chatman

### Creative Movement

An introduction to dance emphasizing locomotor movements, spatial awareness, music appreciation and appropriate classroom behavior through a variety of movement activities and music styles. Note: Wear loose fitting clothes or leotard and tights and dance slippers (or dance in barefeet). ♥

Age: 3-5

No class 10/9

26247 Th 9/25-11/20 4:15-5 PM \$69/\$81

26248 Th 9/25-11/20 5-5:45 PM \$69/\$81

Twinbrook CRC/Meetze



### Music Together - Adult/Child (TM)

Music Together (TM) believes that all children have an innate ability to learn music as language. Nurture your child's natural enthusiasm for music and movement through singing, dancing, chanting and instrument play with parents and caregivers. Fee includes a CD, cassette, song book and education materials. Cost of materials is non-refundable. Siblings 8 months and under attend free (no registration). Must fax, mail, or drop off registration for siblings 8 months and older to receive sibling discount. Sibling fee is \$110.

Age: Newborn-5 yr

26250 W 9/17-11/19 9:30-10:15 AM \$155/\$180

26251 W 9/17-11/19 10:30-11:15 AM \$155/\$180

Elwood Smith Rec Ctr./Winkler

No class 10/9, 11/27

26252 Th 9/18-12/4 9:30-10:15 AM \$155/\$180

26253 Th 9/18-12/4 10:30-11:15 AM \$155/\$180

Elwood Smith Rec Ctr./Winkler

26254 F 9/19-11/21 10-10:45 AM \$155/\$180

26255 F 9/19-11/21 11-11:45 AM \$155/\$180

Kicks Karate/Winkler

## "EARLY BIRD" SPECIAL

### Earn Triple Rockin' Reward Points!

Register for the

## Clubhouse Afterschool Program

August 14-18

26654 M-F 8/25-10/3 3:30-6 PM \$75/\$105

26655 M-F 10/13-11/21 3:30-6 PM \$75/\$105

26656 M-F 11/24-1/2 3:30-6 PM \$75/\$105

Lincoln Park CRC



# Preschool

## Pre-Ballet

Introduce your child to dance, movement and basic ballet techniques. Rhythm, coordination and fun are emphasized. Note: Loose-fitting clothing or leotards and tights and ballet shoes are recommended but are not required. ♥

Age: 3-4

No class 9/27 & 11/8

26261	Sa	9/20-11/22	10:15-11 AM	\$65/\$77
Rockville Sr. Ctr./Mattos				

26263	Sa	9/20-11/15	11-11:45 AM	\$73/\$86
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26265	Sa	9/20-11/15	9-9:45 AM	\$73/\$86
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Rockcrest Ballet Ctr./Chongpinitchai

No class 10/25

26266	Sa	9/20-11/15	10-10:45 AM	\$65/\$77
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26267	Sa	9/20-11/15	11-11:45 AM	\$65/\$77
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Twinbrook CRC/Isreal

Age: 4-5

No class 9/27 & 11/8

26262	Sa	9/20-11/22	11:05-11:50 AM	\$65/\$77
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Rockville Sr. Ctr./Mattos

26264	Sa	9/20-11/15	10-10:45 AM	\$73/\$86
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Rockcrest Ballet Ctr./Chongpinitchai

## Pre-Ballet Dansez Dansez

Classes are taught in French (translated in English). Basic steps are broken down into small components so students can understand how to execute them and gain the physical, emotional and aesthetic benefits. Children are expected to develop poise, self-confidence, good posture, coordination and balance. Proper ballet attire and shoes required. ♥

Age: 2-4

26274	M	10/6-11/24	4-4:45 PM	\$90/\$106
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26275	M	10/6-11/24	4:45-5:30 PM	\$90/\$106
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Twinbrook CRC/Philippe

## ♥ = Step Up To Health Program

Fee = resident/nonresident

## Sing Dance Act - Preschoolers

Students will explore Musical Theater and learn songs and dances from popular Disney and Broadway shows.

Age: 3-4

No class 11/4

26385	Tu	10/7-12/2	2-2:45 PM	\$79/\$93
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Age: 5-6

26386	Tu	10/7-12/2	2:45-3:30 PM	\$79/\$93
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Musical Theater Center/Roberts

## Tiny Hand Crafts - Adult/Child

This hands-on class encourages children to be creative, get messy and have fun with paint, glue, glitter, foam, fabric, wood items and more. Kids will make at least two projects per class. Bring a smock. \$20 material fee payable to instructor. Adult participation required.

Age: 2-6

No class 10/9

26277	Th	9/25-11/6	10:30-11:15 AM	\$44/\$54
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Twinbrook CRC/Dion

## Twinkle Twinkle Tiny Tunes - Adult/Child

Share the love of music with your child. Using songs, musical games, rhythm instruments and creative movement, the basics of music are made easy for little ones. Rhythm, pattern, tempo and pitch are the fundamentals. Adult participation required.

Age: 18-30 mo

26279	M	10/6-11/10	9:30-10:15 AM	\$44/\$52
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26280	M	10/6-11/10	10:30-11:15 AM	\$44/\$52
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Pump House at Croyden Park/Stahl

## Fitness & Wellness

### Bugs@TheLittleGym - Adult/Child

Enjoy music, rhythm and a variety of physical exercises. Meet other parents and caregivers. Fee includes annual membership (\$40 value) and a choice of two classes for the price of one. Monday class is 12:30-1:15 pm; Friday, 12-12:45 p.m. Adult participation required. ♥

Age: 4-10 mo

No class 11/21

25903	M & Fri	9/15-11/28	\$160/\$189
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The Little Gym



# Preschool

## Funfit Tots - Adult/Child

A fun-filled, active class that brings fitness to a whole new level of play using balls, hoops, chutes, instruments and more. Kids will also build self-confidence, socialization, coordination and balance, language and cognitive development. \$10 material fee due to instructor. One adult must attend with child(ren), who must be walking. \$20 material fee for two or more children attending. ♥

Age: 1-2

25915 W 10/1-11/19 10:15-11 AM \$69/\$81

Age: 2-3

25916 W 10/1-11/19 11-11:45 AM \$69/\$81

Twinbrook CRC/Kibler-Funfit

## Little Ninjas

Introduce your child to Karate, taught by a certified instructor. Each class will begin with stretches followed by exercises and fun games that will help children learn the basics while improving their strength, flexibility and coordination. ♥

Age: 3-6

25935 F 9/26-11/14 5:15-6 PM \$52/\$61

Phoenix Karate/

## Tumbling Toddlers *New*

Children will learn basic tumbling skills and enjoy using hoops, balls and ribbons in a fun, active environment. Emphasis will be placed on coordination, flexibility and strength. Adult participation required. ♥

No class 10/17

Age: 2-3 w/parent #25978; ages 3-5 #26627

25978 F 9/26-11/7 9:30-10:15 AM \$58/\$68

26627 F 9/26-11/7 10:25-11:10 AM \$58/\$68

Twinbrook CRC/Nikitina

## Yoga - Oh My! *New*

Cat, cow and mountain - oh my! Introduce your child to the dynamic ways of movement and the discipline of calming one's self through yoga. Children will flow from pose to pose in this upbeat fun class and end with a quiet meditation developed just for them. ♥

Age: 3-5

26281 M 10/6-11/10 10-10:45 AM \$59/\$69

Twinbrook CRC/Witte

## Sports

### Petite Soccer

This class is an introduction to the world of soccer using a game-based approach. Activities involve role playing and are designed to maximize the number of touches each player has on the ball. Individual skills will be taught by U.K. Elite staff. Parents are encouraged to stay. Bring a water bottle. Rain date: 10/29. ♥

Age: 3-5

25936 W 9/17-10/22 4-5 PM \$89/\$99

25937 W 9/17-10/22 5-6 PM \$89/\$99

King Farm Park

### Montrose Discovery

Preschoolers will learn through play while participating in learning centers, music, cultural activities, arts and crafts and outdoor time. Experienced staff will develop programs designed to focus on social and academic skills necessary for Kindergarten, while promoting self-confidence and individual expression. POC and WPA vouchers are accepted. Additional documents required after registration. Programs are closed on all federal holidays. Other closings indicated in registration packet. Program ends June 12, 2009. **Amount below indicates monthly charge.**

Age: 3-5

25660 M-F Aug 26 9 am-3 pm \$665/\$765

25661 M-F Aug 26 9 am-12:30 pm \$493/\$568

Location: Montrose CC & Pk.

### Twinbrook Discovery

Preschoolers learn through play while participating in learning centers, music, cultural activities, arts and crafts and outdoor time. Experienced staff will develop programs designed to focus on social and academic skills necessary for Kindergarten, while promoting self-confidence and individual expression. POC and WPA vouchers accepted. Additional documents required after registration. Program is closed on all federal holidays. Other closings indicated in registration packet. Program ends June 30, 2009. **Amount below indicates monthly charge.**

Age: 3-5

25658 M-F Jul 1 7:30 am-6 pm \$726/\$833

Location: Twinbrook CRC Annex

